



Getting started with BLENREP



Your BLENREP DINs: 02559625, 02559617

A guide to treatment with BLENREP
(in combination with pomalidomide and
dexamethasone) for patients and care partners



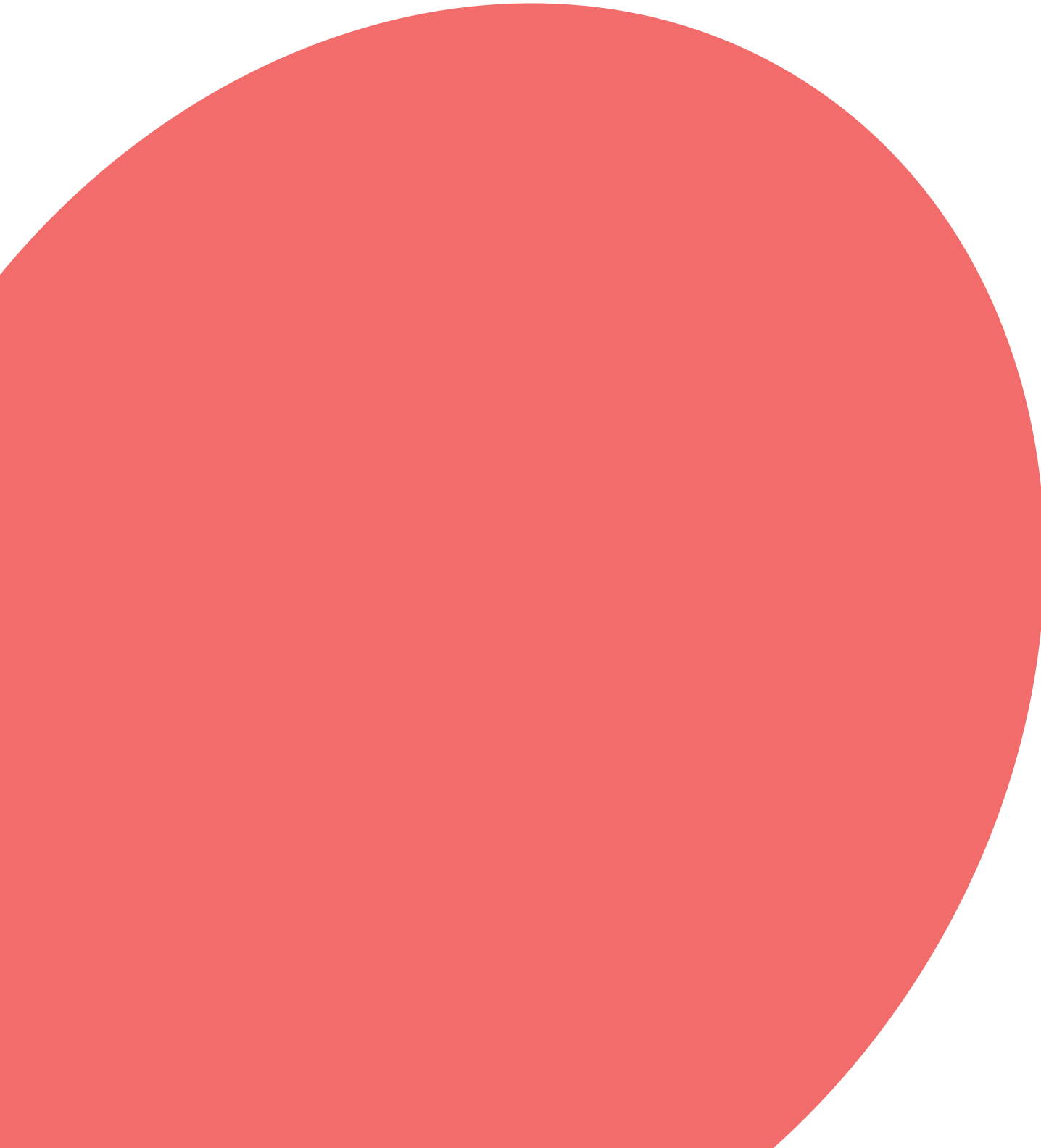


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Ready for this next chapter in your multiple myeloma journey?

Welcome to BLENREP

In this next chapter, you and your healthcare team have decided to use BLENREP with pomalidomide and dexamethasone to treat multiple myeloma. BLENREP is given when other treatments have not worked for you or when your cancer comes back.

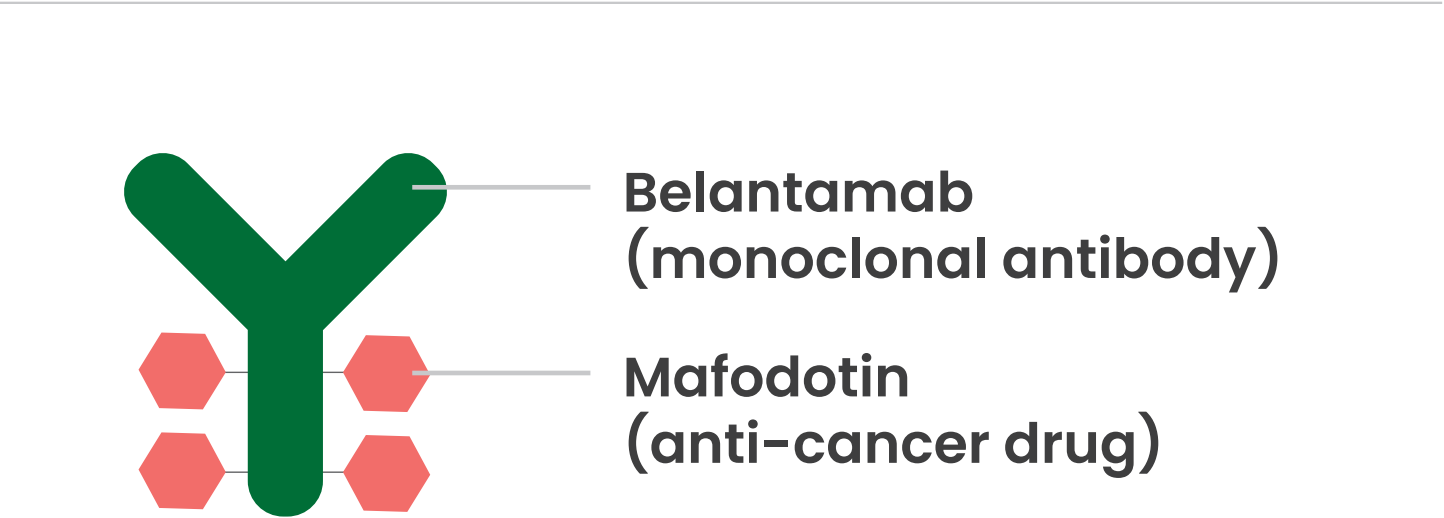
Use this guide as a personal companion for your treatment journey – understand how BLENREP works, how it is given, and how to help manage side effects. By equipping yourself with knowledge about BLENREP, you can make informed decisions and feel empowered in your journey with multiple myeloma.

This guide is not meant to substitute any guidance, advice or help provided by your healthcare team.
For more information about BLENREP, talk to your doctor or contact the MyMoment Patient Support Program.

How BLENREP works

BLENREP (belantamab mafodotin) is made up of two types of medicines that are attached to each other, a **monoclonal antibody** and an **anticancer drug**.

In BLENREP, belantamab (the monoclonal antibody portion) is designed to find the multiple myeloma cells in your body and binds to them. Once attached, mafodotin (the anti-cancer medication) is released to kill the cancer cells.



Receiving your treatment with BLENREP

What to tell your doctor before starting treatment

Talk to your doctor about your health status or concerns you may have before starting treatment, such as:

- **Pregnancy**, including if you are pregnant, think you may be pregnant or are planning to have a baby
 - If you are a woman who could become pregnant, effective contraception must be used during treatment and for 4 months after the last dose of BLENREP
 - Your doctor will ask you to take a pregnancy test before treatment
 - If you are a man who could father a child, effective contraception must be used during treatment and for 6 months after your last dose
- **Breastfeeding**
 - Do **not** breastfeed during treatment and for 3 months after your last dose
- **Reactions to any previous infusions with BLENREP**
- **Any previous treatment and the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines**

How BLENREP is given

Your doctor will decide the appropriate dose for you based on your body weight. Once your dose has been decided, **your doctor will give you BLENREP as an intravenous (IV) infusion for about 30 minutes once every 3 weeks**, in a hospital or outpatient clinic.

BLENREP is given together with other anticancer medicines, pomalidomide and dexamethasone, to treat multiple myeloma. Your doctor will also provide details on how pomalidomide and dexamethasone will be given as part of your treatment combination.



Missed an appointment?

Going to all your appointments as scheduled is key. If you miss an appointment, contact your doctor or hospital immediately.

Possible side effects with BLENREP

Like all medications, BLENREP may cause side effects but not everybody will get them. This list does not contain all the possible side effects that you may experience with BLENREP. Talk to your doctor if you experience any of these side effects or others not listed here.

Infusion-related reactions

Infusion-related reactions may develop within minutes or hours after treatment and may appear with symptoms of flushing, chills, fever, difficulty breathing, rapid heartbeat or drop in blood pressure

VERY COMMON (more than 1 in 10)

- Upper respiratory tract infections with cold or cold-like symptoms (cough, runny nose or sore throat)
- Weakness and fatigue from low red blood cell count (anemia)
- Abnormal liver enzyme levels, which may be a sign of liver problems (alanine aminotransferase and aspartate aminotransferase)
- Fatigue
- Fever
- Diarrhea
- Nausea

COMMON (UP TO 1 IN 10)

- **Eye-related issues:** tear production (lacrimation), double vision (diplopia), itchy eyes (eye pruritus), eye sores, possibly with infection (corneal ulcers including infective keratitis and ulcerative keratitis), discomfort in the eye
- Foamy, frothy or bubbly-looking urine, which may be a sign of high protein levels (albuminuria)
- Infections from low white blood cell count (lymphopenia and leukopenia)
- Abnormal liver enzyme levels, which may be a sign of liver problems (gamma-glutamyl transferase)
- Vomiting

Serious side effects with BLENREP

VERY COMMON

- **Eye-related changes:** changes to the surface of your eye, blurred vision, dry eyes, feeling of something in your eye (foreign body sensation in eyes), eye irritation, sensitivity to light (photophobia), eye pain and decreased or changes in vision
- **Low platelet count (thrombocytopenia):** abnormal bruising under the skin, bleeding longer than usual after a blood test or cut to the skin and bleeding from your nose or gums or more serious bleeding
- **Infection of the lungs (pneumonia):** fever, trouble breathing, chest pain and new onset or worsening cough

OTHER

- **Lung problems (pneumonitis):** trouble breathing, chest pains and dry cough due to inflammation of the lungs

Talk to your doctor if you notice symptoms related to abnormal bruising and bleeding, infusion-related reactions, eye-related side effects, lung problems or any other symptoms that worry you. Your doctor may temporarily pause your treatment, reduce your dose or change the time between doses.



Your doctor will schedule eye examinations and blood tests before and during treatment to monitor your eye health and platelet levels.

Managing your eye health during treatment

Eye-related side effects can be expected with BLENREP but not everyone will experience them. If there are any changes in your vision, your doctor may reduce your dose or change the time between doses.

Before your infusion, you should apply lubricating and moistening eye drops (preservative-free artificial tears). **You should continue to use the eye drops at least 4 times a day during your treatment with BLENREP as instructed.**



To monitor your eye health, your doctor will refer you to an eye care professional, such as an ophthalmologist or optometrist, who will conduct routine eye exams **before each dose** or more frequently, if required.

If you don't experience any changes in your vision during the first 6 doses of BLENREP, your doctor may reduce eye exams to approximately every 3 months with additional exams when needed.

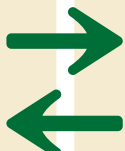
The two required eye exams while on BLENREP are the **Slit Lamp Exam** and the **Snellen Visual Acuity Test**.

Your eye care professional may offer additional tests that are not covered by your insurance or the patient support program. Speak with your healthcare team for more information.

You will require an eye exam before each infusion of BLENREP



Eye exam



Dose



Tips to help manage eye-related side effects



Your doctor will ask you to apply eye drops (preservative-free artificial tears) at least **4 times a day**



If you are experiencing changes in your vision, do not drive or use machinery until evaluated by an eye care professional



Avoid contact lenses unless instructed by your eye care professional



Tell your healthcare professional if you have blurred vision or other eye changes.

Even if your vision seems fine, be sure to attend to your scheduled eye exams.

Some eye-related side effects can happen without symptoms and may only be noticed during an eye examination.



Use the ***Eye drop tracker***, ***Eye care appointment tracker***, and ***Infusion appointment tracker*** at the end of this guide to keep track of your appointments and eye drop use.

Frequently asked questions



Where do I get an eye exam?

The MyMoment Patient Support Program will be able to identify a suitable eye care professional near you to coordinate your eye exams. Eye exams can also be performed by an eye care professional of your choice or by one that is referred to you by your doctor.



Will I have to stop my treatment with BLENREP if I experience eye-related side effects?

It is common for doctors to adjust treatment with BLENREP to help manage side effects. Your doctor may decrease your BLENREP dose or increase the time between doses.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects to Health Canada directly by calling toll-free at 1-866-234-2345.

Resources to support you during your multiple myeloma journey

Myeloma Canada
www.myeloma.ca

The only national charitable organization in Canada created by and for those impacted by myeloma, driven to empower the community with awareness, education, advocacy and clinical research.

Wellspring Cancer Support
www.wellspring.ca

Wellspring is a Canada-wide network of charities that offers programs and services – at no charge and without referral – to anyone at any stage of cancer.

The Leukemia & Lymphoma Society of Canada
www.llscanada.org

A voluntary health agency dedicated to blood cancers that provides free information and support services to patients and caregivers.

Canadian Cancer Society
www.cancer.ca

A national volunteer organization that strives to improve the lives of people affected by cancer through research, advocacy and compassionate support.

There may be other local programs that can offer support. Speak with your healthcare team to learn more.

Transportation services

Wheels of Hope | Canadian Cancer Society

Do you need to travel for your treatment appointment? The Canadian Cancer Society can arrange the best transportation option for you.

One Kilometre at a Time transportation subsidy program | LLS Canada

Don't let distance be an obstacle to your cancer treatment. LLS Canada offers this transportation program to help you make it to your appointments on time.

Transportation and Lodging | BC Canada

Assistance with transportation and lodging associated with cancer treatment may be available for patients and their families in British Columbia.

Government support program: Travel policy for users treated in oncology | Quebec Cancer Foundation

Government financial assistance for transportation and accommodation for clients in geographically remote situations to receive oncology treatments.



Learn more at:



Your healthcare team

Doctor _____

E-mail address _____

Tel. _____

Eye care professional _____

E-mail address _____

Tel. _____

Nurse _____

E-mail address _____

Tel. _____

Pharmacist _____

E-mail address _____

Tel. _____

Eye drop tracker

Use these tables to record when you apply your eye drops.

Make sure to write down the date and mark each box with an (X) after you've applied your eye drops.

Month, year _____

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Date:	☐ Breakfast ☐ Lunch ☐ Dinner ☐ Bedtime	☐ Breakfast ☐ Lunch ☐ Dinner ☐ Bedtime	☐ Breakfast ☐ Lunch ☐ Dinner ☐ Bedtime	☐ Breakfast ☐ Lunch ☐ Dinner ☐ Bedtime	☐ Breakfast ☐ Lunch ☐ Dinner ☐ Bedtime	☐ Breakfast ☐ Lunch ☐ Dinner ☐ Bedtime	☐ Breakfast ☐ Lunch ☐ Dinner ☐ Bedtime	☐ Breakfast ☐ Lunch ☐ Dinner ☐ Bedtime
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Month, year _____

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Month, year _____

[illegible]Month, year[illegible]

Eye care appointment tracker

Keep track of your eye care appointments here.

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Month, year _____

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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	Date:						

Infusion appointment tracker

Keep track of your BLENREP infusion appointments here.

[illegible]

Treatment diary

Use this page to record any questions you may have about your treatment and keep track of any important information related to your appointments or your condition. You can also use this space to note any symptoms you may be having, including eye-related symptoms so you remember to share these with your oncologist or eye care professional at your next visit.

